



Tired of Just Gettin' By?

Let's Get Ahead in 2015!

Learn the skills and secret hidden rules for "Getting Ahead" so you can *accomplish your dreams* and provide a *better future* for yourself and your family. "Getting Ahead in a Just Gettin' by World" is an 18-week workshop that helps you evaluate your life and write a step-by-step plan with goals for success. SELF will give you the one-on-one support you need!

Take time for you this year: build a better support system, get organized, learn budgeting skills, connect to resources, reflect on your hopes for the future and develop a plan for prosperity.

MEALS, CHILDCARE & GIFT CARDS PROVIDED

2 Classes to Choose from:

Faith Community United Methodist Church

8230 Cox Rd. West Chester, OH. 45069
Tuesdays, 6 pm to 8:30 pm
January 27 to June 2

Booker T. Washington Community Center

1140 S. Front St, Hamilton, OH. 45011
Thursdays, 12:30 pm to 3 pm
January 29 to May 28



SIGN-UP NOW: Contact Kimberly
(513) 787-9131 cell
(513) 785-3690 office
kowens@selfhelps.org





Tired of Just Getting' By? Learn How to Get Ahead!

Build resources today for a successful tomorrow

What is it?

“Getting Ahead” helps struggling low-income families gain the **knowledge, motivation and support** to change thinking about the future achieve a higher standard of living.

How does it work?

“Getting Ahead” groups meet weekly and work through a workbook with class discussions and activities. The program helps you: ***build a better support system, reflect on your hopes for the future, learn budgeting skills, connect to resources and develop a personal plan for prosperity.***

We will discuss the “hidden rules of social class” and how to use them to your advantage. We will look at your resources and your values, so that you can identify things you want to change and work on! **You will explore your personal resources in the following areas:**

Financial Resources **Support Systems** **Emotional Supports** **Relationships & Role Models**

Mental Resources **Coping Strategies** **Spiritual Supports** **Knowledge of “Hidden Rules”**

